

22 September 2023

Dear parents and carers

We are pleased to be working with **Place2Be**, a national charity supporting schools to improve the confidence and wellbeing of children and young people.

Place2Be provides **emotional and therapeutic support** to young people, families and staff in more than 450 schools nationwide. It gives young people **a space to express themselves** through talking and creative work, and to think about any worries they might have, for example, they often talk about friendship worries.

One of the most popular aspects of this service is called '**Place2Talk**' which is available to all young people at Carrington School. Your young person can make an appointment to spend 15 minutes with a trained counsellor, either by themselves or with a friend. On average, about a third of young people take advantage of this service in schools every year.

Place2Be will record the name, date of birth, year group, gender, ethnicity, the broad topic of discussion and any actions taken as a result of each session. This information is stored securely and is used in key coded form to evaluate Place2Be's service and improve our work. More GDPR information can be supplied on request.

### Parental Agreement for Accessing Place2Talk

Every student will automatically have access to Place2Be, you do not need to do anything. However, **if you do not give your permission** for your young person to speak to Place2Talk you need to **complete [THIS FORM](#) by Friday 29 September**. If you do not complete this form, your young person will be free to access the service if they choose.

If you would like to find out more information about the service, please contact Louise van den Berg, Place2Be Mental Health Practitioner & School Counsellor on [louise.vandenberg@place2be.org.uk](mailto:louise.vandenberg@place2be.org.uk) or 07976 160 052 (Monday-Thursday) who will be very happy to answer any questions.

Best wishes

**Kerry Oakley**  
Headteacher

