

16 October 2026

Dear parents and carers

Just a reminder that tomorrow is **Own Clothes Day in exchange for food bank donations** to [Love Works](#), a charity that is improving lives through food in our local community. Students can bring as much as they like, but even a single tin or packet makes a difference! The Food Bank Wish List of currently most-needed items can be seen below this message.

Please ensure that your young person dresses appropriately for school, noting the guidance below. Students should still wear their lanyards and bring PE kit if they have PE tomorrow and also note that After-School Clubs are ON tomorrow.

Own Clothes Days provide a chance for students to express themselves while staying comfortable and ready to learn. These expectations apply equally to every student.

Clothing should

- *Cover the shoulders and midriff, with no underwear visible*
- *Reach at least mid-thigh in length, whether it is a skirt, dress or shorts*
- *Have no rips or tears that expose skin above mid-thigh*
- *Be free of slogans or images that are offensive, discriminatory or promote drugs, alcohol or violence*

Footwear should

- *Be secure and safe for moving around school, with a fastened back and heel*
- *Follow the heel height limit in the Uniform Policy*

Acceptable items include formal wear, sportswear, jeans, leggings, shorts, skirts, dresses and trainers, provided they meet the standards above.

Other expectations

- *The Uniform Policy and Jewellery Policy still apply*
- *If a student's outfit does not meet this guidance, a member of staff will speak to them privately and respectfully, and offer a solution, such as spare clothing. Staff will not comment on a student's body, appearance or intentions.*
- *Students are free to wear clothing that reflects their gender identity*



Best wishes
The Carrington Team



**HARVEST
COLLECTION**

With the winter months approaching, more people will be turning to food banks for support.

No-one should go hungry.
Please help us support local people by donating if you can.

HELP FILL A FOOD BANK PARCEL

- Tinned soup
- Tinned meals (casserole, chilli, macaroni cheese)
- Jars of cooking sauce (pasta or curry)
- Tinned meat (chicken, ham, corned beef, hot dogs)
- Tinned tomatoes
- Tinned vegetables
- Tinned fruit
- Tinned potatoes
- Rice pudding
- Tinned custard
- Biscuits

*No pasta.
Thank you!*

Loveworks 
Improving lives through food
FOOD BANK CHARITY



Loveworks.org Ltd is a registered charity number 113681
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