

13 October 2025

Dear Parents and Carers

Ashcombe School, in partnership with Papyrus, are hosting a free, **45 minute information session** covering **how to support young people's mental health and suicide prevention**.

Date: Wednesday 15 October 2025

Time: 6pm - 6.45pm (including time for questions and answers)

Location: In person at [Ashcombe School Ashcombe Road, Surrey RH4 1LY](#)

Register now: [Parents and Carers Session - Supporting Young People's Mental Health & Suicide Prevention](#)

What to Expect from the Session

This friendly, informal session will:

- Help you become more aware of suicide prevention, even if it feels like something that could never affect your family
- Reassure you that you're not alone and introduce the support PAPYRUS offers to parents and carers concerned about a young person
- Tackle the fear, stigma, and silence that often surround suicide, helping us all keep young people safer

Who is this for?

This session is designed specifically for **parents and carers of young people**. No previous knowledge or experience is needed, just come as you are.

About PAPYRUS

PAPYRUS Prevention of Young Suicide is the UK charity dedicated to the prevention of suicide and the promotion of positive mental health and emotional wellbeing in young people. Founded in 1997 by bereaved parents, PAPYRUS is now a leading charity in youth suicide prevention.



HOPELINE247

HOPELINE247, is staffed by trained suicide prevention advisers, who work with young people – and anybody concerned for a young person – to help keep them safe from suicide. If you're worried about a young person or need support yourself, PAPYRUS offers a free, confidential suicide prevention helpline available 24/7:

- **Call:** 0800 068 4141
- **Text:** 88247
- **Email:** pat@papyrus-uk.org
- **Webchat & more info:** www.papyrus-uk.org

For any questions, please contact: gemma.rowan@papyrus-uk.org or lock.lorraine@ashcombe.surrey.sch.uk

Best wishes

The Carrington Team

