

Packing for our snow sport holiday

Bringing the right clothing & equipment to the slopes is a fine balance between warmth, comfort, necessity and space. Firstly, could I ask that you don't over pack and the coach company have asked that if possible you pack a holdall style bag rather than a rigid suitcase. This just makes packing the space under the coach easier. There are two wardrobes, clothing for the slopes and social clothes.

Ski / Boarding Kit List

*Compulsory On the Slopes

- *Ski Salopettes (Trousers)
- *Ski Jacket (make this the only big jacket you take for the week)
- *Goggles (styles are available to fit around glasses)
- *Ski gloves (waterproof is essential)
- *Ski socks (2 or 3 pairs)

I would generally ski in 3 or 4 torso layers, so base layer, t-shirt, hoodie, coat so...

Thermal base layers

T-shirts

Fleece / hoodies / jumpers

Recommended items on the mountain

SPF 30+ sun cream for face

SPF lip balm

Optional items on the mountain

Small backpack for lunch / clothing / cash

Sunglasses

Woolly Hat

Hand warmers

Hotel Kit list

In the evenings after skiing students can wear casual clothes and trainers about the hotel.

Please keep items respectable and appropriate for the cold weather.

We will head out of the hotel in the evenings for "après ski activities", I would suggest a good boot / shoe with a decent grip, a suggestion is to travel in this footwear.

Up in their room's students will need nightwear for their rooms, toiletries, sanitary products and travel adaptors. Shower towels are provided, but for students with longer hair, you may wish to bring a small hair towel and hair dryer.

Please remember personal medication including travel sickness pills, paracetamol & ibuprofen should you regularly self medicate. Emergency first aid such as asthma pumps and epi pens / auto injectors are essential too.

Administrative Essentials in Hand Luggage

Passport + GHIC to be brought to the Year 11 hub on **Monday 23rd March**

Visa or Residency card (if required)

Euros & currency card

1 Pair of ski socks in your hand luggage