



AO3 Reflect on own work, and record ideas, observations and insights relevant to intentions as work progresses.

Definition

Insight: The ability to discern the true nature of something. It often leads to a deeper understanding and can help develop original ideas.

Relevant: Having practical application that is appropriate to what you are trying to achieve.

Intentions: Aims that guide actions or a course of action that you plan to follow.

What is involved in reflective recording?

You need to show that you can:

- gather, select, organise and communicate visual and other information
- record your ideas, observations and insights using suitable forms of drawing, photography and writing, ensuring they are linked to your intentions
- reflect on your recording as it progresses, pausing to think about your work and reviewing what you have learned through the process
- use reflection in your research and enquiry to delve deeper into the meaning and purpose of what you are doing.

What is the purpose of this AO?

This AO is intended to:

- sharpen your observation so that you become more visually perceptive
- increase discernment to gain insight into the underlying nature of what you are studying
- develop competence in selecting, interpreting and recording what you know, see, feel and think
- reflect on your recording to consolidate what you have learned, leading to a fuller understanding of it and making your intentions clearer.

Examples of recording

- Drawing what you observe
- Jotting down your ideas using words or sketches
- Documenting your interests through photography
- Noting your thoughts about your work
- Creating a storyboard of your plans
- Organising your ideas using mind maps

Achieving your best in this AO

A range of recording methods should be used, including annotated or extended forms of writing, photography and various types of drawing. Choose the methods that are most appropriate for recording different ideas, observations and insights. Ensure that what you record informs your enquiry and demonstrates a sense of purpose.

What is a good way of showing reflective recording abilities?

Although sketchbooks or design notebooks are not specifically required for either Unit 1 or Unit 2 of the GCSE, they effectively demonstrate reflective recording abilities and document the progression of your creative development. They are useful for recording interesting snippets of information, experimenting with possibilities and exploring materials and techniques using images and words. Often referred to as visual diaries, these can include rough ideas and unfinished visual notes and can be digital or hand-drawn. Whatever format you choose, view this as a process rather than an outcome.

Tip

You could examine artists' sketchbooks and designers' notebooks to see how they use their recording skills and draw inspiration from these sources to develop and refine your own recording methods.

Keep a diary to support your project and make sure to add to it every day, even if you are not at school.