

Carrington Ski Trip

February 2025

Parental meeting
08/11/24



Itinerary

Day	Activity
Day 1 (Saturday)	Depart Carrington (TBC - Time), dinner en route (ferry & coach)
Day 2 (Sunday)	Breakfast en route, arrive resort for ski fit, unpack, dinner
Day 3 (Monday)	Skiing Day 1 – All on Nursery slope at first
Day 4 (Tuesday)	Skiing Day 2 + evening activities (Ice skating)
Day 5 (Wednesday)	Skiing Day 3 + evening activities (Bowling)
Day 6 (Thursday)	Skiing Day 4 + evening activities (Quiz)
Day 7 (Friday)	Skiing Day 5 , shower, change & depart resort after dinner
Day 8 (Saturday)	Arrive Carrington around lunch time (TBC – Time)

Executive Coaches

- Holdall or small case
- DVD player & TV monitors
- Charging ports
- Full climate control, A/C
- Toilet on Board
- Reclining seats
- Good leg room
- Dinner stop en route



Drive time from Calais: 12 Hours



On board the coach

- Passport
- GHIC
- Phone & headphones
- Comfy travel clothes
- Some Euros (Ferry food, toilets & brunch at services)
- Travel pillow
- Book / magazine
- Toothbrush & paste
- **1 pair of Ski socks**

Food on the journey

- First meal in resort is Sunday evening (Pack lunch or money for services)
- Non smelly snacks
- No nut products please
- Drinks in bottles not cans





- **Hotel Saint Gothard** features accommodation with a huge restaurant, a bar and open lounge.

Hotel Sant Gothard has the following services: sports courts (tennis, basket, mini golf), buffet, water area with Jacuzzi and sauna,

- This **4-star** hotel offers ski storage at foot of slope. The accommodation provides a fitness centre and free WiFi
- At the hotel, rooms have a wardrobe, a flat-screen TV and a private bathroom.
- Local Village & ski slopes: **70m**
Recently refurbished

Breakfast – buffet style

Varied selection from bread rolls, cheese, cold meats, cereals, cooked options, tea, coffee, juices

Lunch – Hot lunch supplied on the mountain

Dinner – buffet style

Varied selection

Pistes	
Green	8
Blue	17
Red	18
Black	4



Resort height	1550m
Highest lift	2560m
Kms Piste	63Kms

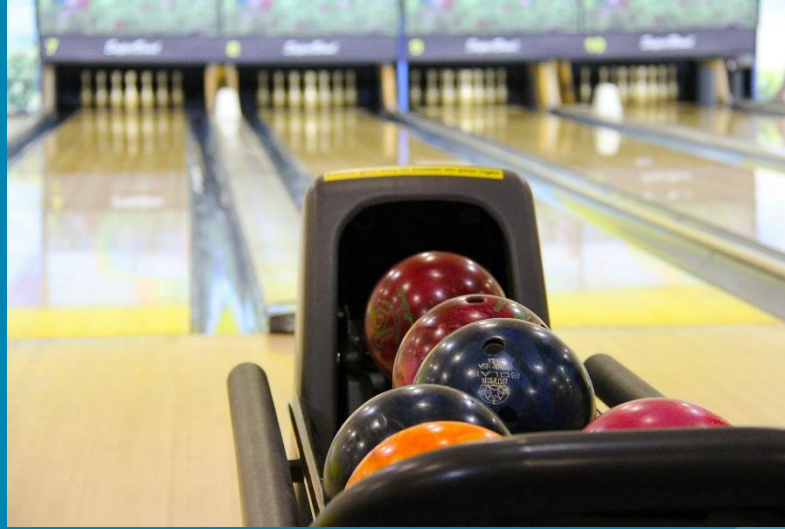


Ski Tuition

- 4 hours per day for 5 days
- Students put into ability groups, generally 1:12 ratio
- 2 hours in the morning
- Hot lunch with drink on the mountain
- 2 hours in the afternoon
- Certification of progress at the end of the week
- Skills can be checked against GCSE PE criteria

Après ski options

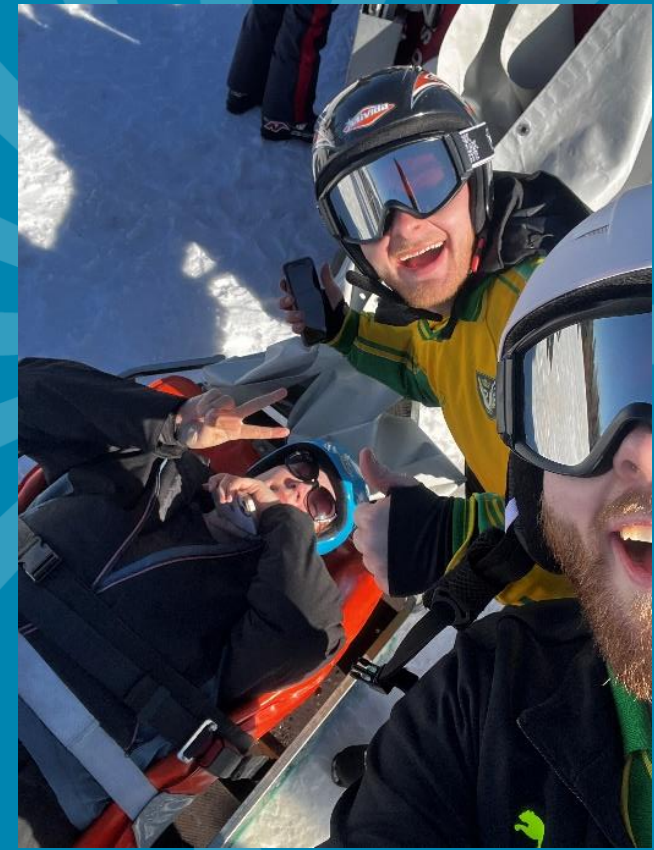
- Ice skating
 - Quiz night
 - Bowling





Ski Injuries & fitness

- 4 hours skiing a day is hard work, be prepared to ache
- Be prepared to fall over, face plant into the snow and ache at the end of each day.
- Be prepared and ensure your personal levels of fitness are high. Walking, running, cycling, swimming are all good aerobic sports to help get in shape.





CARRINGTON SCHOOL

SKI TRIP 2025



THE MAIN GATE HOUSE, REDHILL AERODROME, SURREY, RH1 5JY



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SNOW CLOTHING HIRE GUIDE

Our checklist for what you need for 1 week's school ski trip:

1. Outerwear
2. Clothing
3. Accessories



1. Outerwear

All these items we offer to [Hire](#)



Jacket



Trousers



Gloves



Goggles



2. Clothing



2 x Thermal Tops (Base Layer)



Microfleeces (mid layers)



Hat



Neck Warmer

Bridge the gap between jacket and helmet



Socks x3 pairs (minimum 3)

Layering up!



Layer 1: Thermal top / base layer – fits like a 2nd skin close to skin. Keeps you warm!

Layer 2: Mid Layer– retains heat. Warm but light layer. No hood.

Layer 3: Jacket- protects you from the elements- balance of rain & wind resistance and breathability. Allows freedom of movement.



3. Accessories



Glove Liner



Glove Leash



Sunglasses



Ski Ties



Hand Warmers



Suncream & Lip salve



Backpack



Luggage Bag



Snow Boots



Phone Ninja

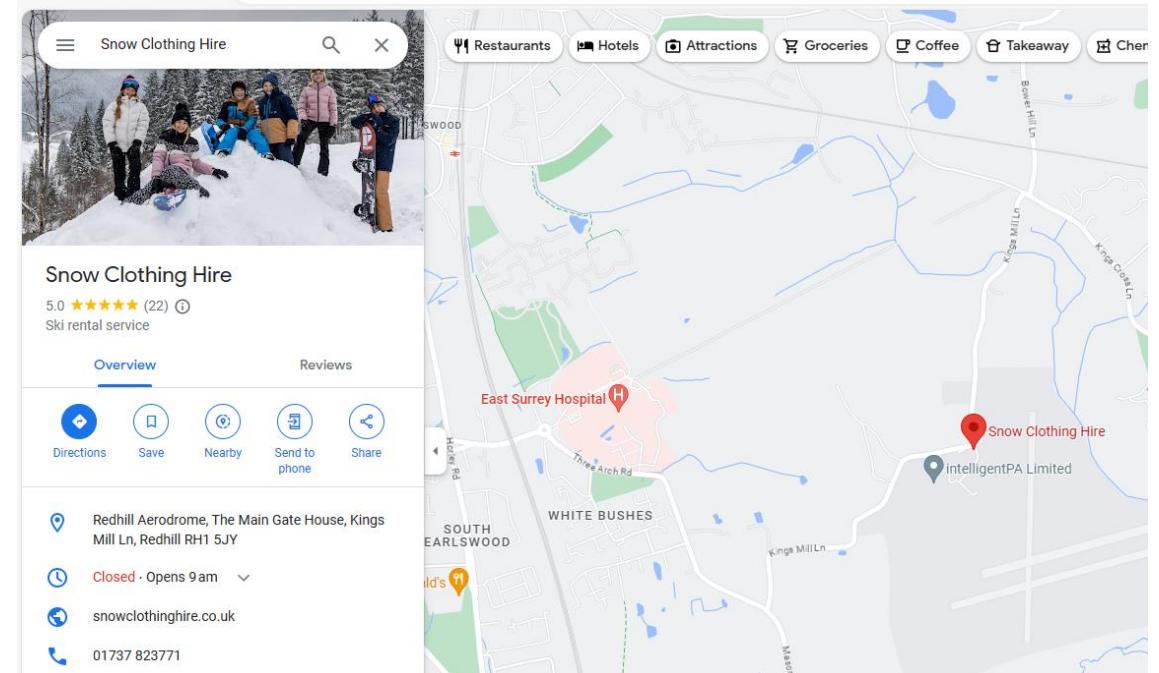
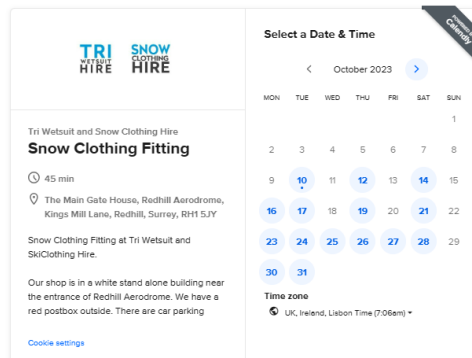


How To Order



Come see us at our Shop for a fitting

- Book a fitting with us
- We are local RH1 (Open evenings and Saturday mornings)
- Book by appointment



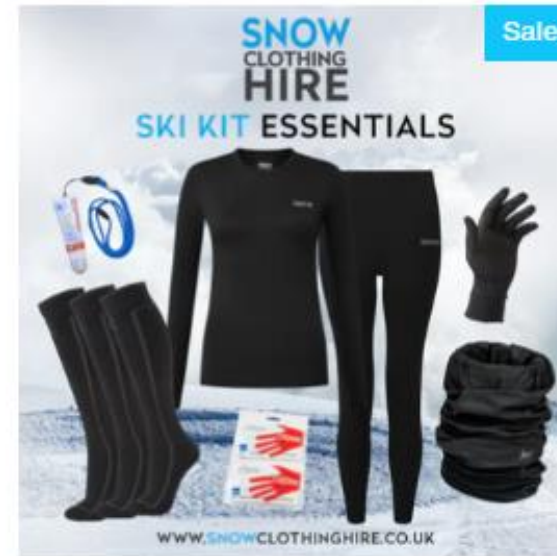
Shop Items

We also sell accessories including 2 starter packs:



Ski Kit Essentials Starter Pack 1

~~£79.00~~ £50.00 **Save £23.00**



Ski Kit Essentials Starter Pack 2

~~£169.00~~ £99.00 **Save £64.00**





Ski Clothing Suppliers

Students must have the following personal pieces of ski wear

- Salopettes
 - Ski Jacket
 - Goggles (not sun glasses)
 - Ski socks
 - Gloves



- Our local partners based at Redhill Aerodrome



Resort Clothing for après ski

Same ski coat acts as evening coat so please only **bring 1 coat** for the week

- Warm layers, jeans, leggings
 - Hoodies, jumpers
 - Bobble hat
 - Thick socks
 - Gloves
 - Snow proof footwear



Chalet clothing

- Comfy, warm, indoor clothes
- Adapters





Administration

- Passport with a minimum of 6 months from return date
- Valid GHIC (replaces old EHIC)

ETIAS application required

Schengen visa if applicable – Anyone not with an EU passport

Pocket money – Preferable on a card

Medication



Let's off – Ski

- Be a part of a trip that you will never forget
- Learn a new life skill
- Visit an amazing country and explore it's culture
- Experience the breath taking landscapes and scenery of the mountains.
- Laugh, fall over, ache and exhilarate as you carve down the mountain
- Any Questions please come and ask Mr Mitchell or Mr Miles

