

Packing for Your Snow Sport Holiday

Bringing the right clothing & equipment to the slopes is a fine balance between warmth, comfort, necessity and space. Please don't over-pack! The coach company have asked that you pack a holdall style bag rather than a rigid suitcase which makes packing the space under the coach easier.

When packing you should consider two different 'wardrobes', clothing for the slopes and social clothes.

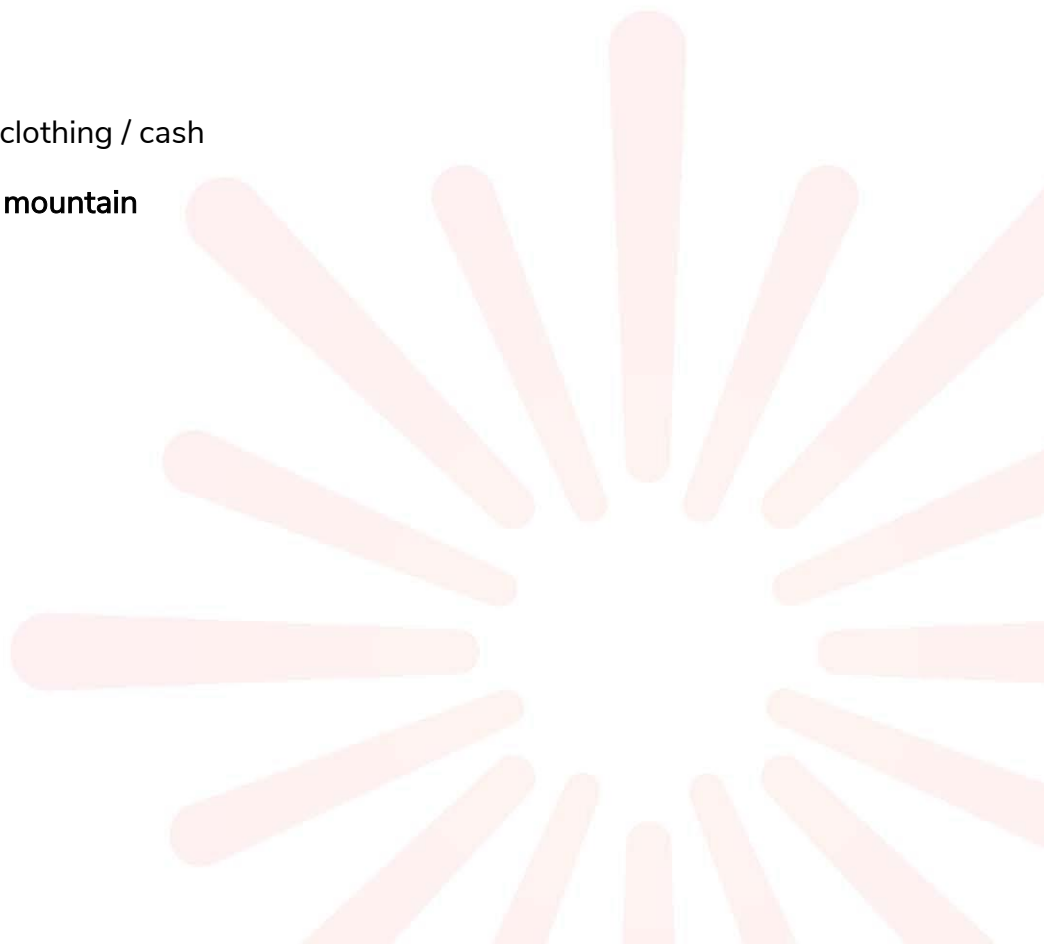
Skiing Kit List

Compulsory on the Slopes

- Ski Salopettes (Trousers)
- Ski Jacket (make this the only jacket you take for the week)
- Goggles (styles are available to fit around glasses)
- Ski gloves (waterproof is essential)
- Ski socks (2 or 3 pairs)
- SPF 30+ sun cream for face
- SPF lip balm
- Thermal base layers
- T-shirts
- Fleece / hoodies / jumpers
- Small back pack for lunch / clothing / cash

Optional items for lunch on the mountain

- Sun glasses
- Woolly Hat
- Hand warmers



Hotel Kit list

In the evenings after skiing, students can wear casual clothes and trainers about the hotel. Please keep items respectable and appropriate for the cold weather.

We will head out of the hotel in the evenings for “après ski activities”, I would suggest a good boot / shoe with a decent grip, a suggestion is to travel in this footwear.

Up in their room’s students will need nightwear / house pants, toiletries and travel adaptors. You may also wish to bring a small hair towel and hair dryer for longer hair.

Please remember personal medication including travel sickness pills, paracetamol & ibuprofen, should you regularly self-medicate. Emergency first aid such as asthma pumps and epi pens / auto injectors are essential too.

Other Essentials

Passport

GHIC

Visa or Residency card (if required)

Euros & currency card

