

Cycling Policy

Approved by: Headteacher

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1 Cycling

Carrington School recognises the many positive benefits that safe cycling to and from school can have on students physical and mental health. We therefore look to encourage this form of travel behaviour in as many ways as possible.

2 Benefits of Cycling

Some of the benefits of cycling to school include:

- Improving health through physical activity.
- Establishing positive active travel behaviours.
- Promoting independence and improving safety awareness.
- Reducing congestion, noise and pollution in the community.
- Reducing environmental impact of the journey to school.

To encourage as many students to cycle to school as we can, the school will:

- Actively promote cycling as a positive way of travelling.
- Celebrate the achievements of those who choose to cycle to school.
- Provide cycle storage on the school site.
- Provide high quality cycle training to all students who wish to participate.

To make cycling to and from school a positive experience for everybody concerned, we expect our students to:

- Ride sensibly and safely and to follow the Highway Code.
- Take responsibility for checking that their bicycle is roadworthy and regularly maintained.
- Behave in a manner which shows them and the school in the best possible light and to consider the needs of others when cycling.
- Wear a cycle helmet.
- Ensure they can be seen by other road users, by using bicycle lights and wearing high-visibility clothing, as appropriate.

If students are observed to be riding in a manner that puts themselves or others at risk of harm, parents will be contacted to reinforce messages of safe travel. If there are multiple occasions of unsafe cycling, we will ask that parents ensure that students travel to school using alternative means for a fixed period.

3 Parents & Carers Responsibilities

For the well-being of our students, we expect parents and carers to:

- Encourage their child to take up opportunities to develop their competence and confidence in cycling.
- Provide their child with the appropriate safety equipment such as high visibility clothing, bicycle lights and cycle helmet as appropriate.
- Ensure that the cycles ridden to school are roadworthy and regularly maintained.
 - Both front and rear brakes work effectively
 - There is a rear reflector
 - The tyres have sufficient tread for all conditions



- The chain is tensioned and lubricated correctly
- The saddle, handlebars and pedals are secure and adjusted for the rider
- There is a working bell
- Front and rear lights work correctly (if fitted)
- The school reserves the right to revoke permission if the above conditions are ignored.

The decision as to whether a child is competent to cycle to and from school safely rests with the parents/carer and the school has no liability for any consequences of that decision. Parents are advised to take out appropriate insurance. The school's insurance does not cover loss of or damage to bicycles nor of the students' liabilities in the event of an accident.

Further cycling advice can be found on the bike ability website at: bikeability.dft.gov.uk

