

12 October 2023

Dear parents and carers

**We are a nut-free school.** This is because a number of members of our school population have **severe nut allergies**. It is really important that everyone understands that failing to adhere to this could be very serious for someone else's health.

**Please do not send your young person into school with products that contain nuts in packed lunches or as snacks.** Many cereal-bars contain nuts so it is worth checking the packaging when purchasing these for school use. We also ask that you discuss this with your young person so they can make the same safeguards when buying snacks themselves to bring into school.

Thank you for giving this your attention.

Best wishes  
The Carrington Team

