

4 October 2022

Dear parents and carers

Following the success of our previous trips to Tanzania, Borneo, Kenya, India, Zambia, Uganda and Nepal, we invite current Year 10 students to embark on an adventure in July 2024: a **three-week expedition to Eswatini (formally known as Swaziland)** with Carrington School and Adventure Lifesigns (taking place once GCSE exams are finished).

**There is an Information Meeting** (for those who missed the session in July) run by Michael Fisher here at Carrington next **Monday 10 October at 18:00 in 1-31 in Astra**. Michael Fisher will discuss the specific expedition and answer any questions. ***Attendance at this meeting does not obligate your child to take part in the trip.*** Please let us know if you are planning to attend this meeting by [CLICKING HERE](#).

[Adventure Lifesigns](#) have a vast wealth of experience taking youth groups on unforgettable journeys around the world. From tropical jungles to high altitude mountaineering – I can guarantee you will discover a new side to your personality that you never knew existed! Expeditions are not just about having fun, they will also broaden horizons, can be curriculum supporting (the trips can give students extra UCAS points) and most importantly, give something back to countries visited.

An Adventure Lifesigns programme brings together school teams of eight to twenty individuals, forging friendships that will last for years. **All students from Year 10 are eligible to apply for the Eswatini 2024 programme**, and in the up and coming 18 months we will support students on how to fundraise towards the trip. By raising their own funds, students will become financially independent and learn the value of budgeting and saving.

The projected cost of the trip including all training, in-country costs, group equipment and comprehensive insurance package is £3050. [General information can be found here](#) and an example itinerary [here on the school website](#). Expeditions overseas are great experiences and provide students with a huge range of skills that they will find useful in further education as well as in later life, as well as allowing them the chance to work for a local charity.

If you would like to hear more information on this forthcoming opportunity Adventure Lifesigns have prepared an [introductory video that can be accessed here](#).

Best wishes

**Mrs S Robinson**  
Raising Aspiration Coordinator

**Miss Price**  
Teacher of Science

